

Hi Ladies!

I hope everyone is enjoying what little spring weather we've had. One of the nicest weather days in May was spent in a daze of quilt shops on the bus trip. I wish everyone could have come! We had so many laughs and shopped like there was no tomorrow. The 3 quilt shops we went to were wonderful; they fed and watered us, gave us discounts, special deals and even a goody bag at one. If you make your way towards Syracuse at all, I recommend stopping in to one of them. It would be lovely to have a shop around here with the commitment to fabric like we saw...last shop boasted 9,000 bolts of fabric! It was heaven.

Our June program will be a speaker from Willow Lodge, the floor at the VA hospital that we donate our patriotic charity quilts to. Nancy, I believe a rec therapist there, will share information from that wonderful, giving location.

Our condolences go to Joyce Kerl, on the loss of her husband this past month.

Membership is winding down. If you have not renewed and are planning to, please get your information to Marge Friend as soon as possible. We will be welcoming some new members in June.

The picnic is in July, again at Hamlin Park. Check the newsletter for information on that.

That's all she wrote! See you all in a couple weeks. Enjoy the holiday weekend!

And I'm proud to be an American, where at least I know I'm free.

And I won't forget the men who died, who gave that right to me.

~Lee Greenwood

Terri

**Welcome To Our New Members:**

- Linda Bauman
- Susan Haskell
- Kathy Mehlretter
- Karen Welker

**Hostesses**

**June**

- Jackie Cholewinski
- Jeri Clark
- Lois Fleck
- Nancy Jozwiak
- Jean Miller
- Pat Miodonski
- Pauline Mozdziak
- Pat Schuse
- Ellie Wisniewski

**May  
2011**

**Next Meeting:**

**June 8, 2011**

**Program:**

**Speaker from  
Willow Lodge at  
the VA Hospital**

**Hostesses**

Pat Schuse 675-0866  
& Pauline Mozdziak  
674-0523

If you cannot serve as  
hostess this month,  
please find a replacement.



**Hostesses - July**

**EVERYONE!!**

**Can you believe it?**

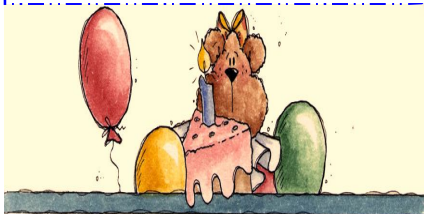
**IT'S THE PICNIC!!!**

There will be a short meeting of Officers/ Chairmen at **9:15 a.m.** before the guild meeting. If you are leaving your position and you have a 'job description' folder, please give it to me so I can pass it on to the new guy. Terri



### June Birthdays

Joyce Chavanne 6/6  
Joann Tighe 6/10  
Jean Szarleta 6/14  
Lois Fleck 6/17  
Faye Thompson 6/20  
Carolyn McNally 6/21  
Margie Accardi 6/28



### Charity Quilts - Anne Wasmund 837-4360

Kits are available for anyone interested as well as a new pattern kit for VA quilts. Be sure to let me know if you know of any group or anyone in need. Thank you. Anne

Shhhhhhhhh

### Secret Pal — Jeri Clark 585-535-7476

The Secret Pal gift exchange will end in June and the gift givers will be revealed at that time. A new group will start in September or October. Jeri



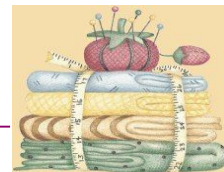
### July Birthdays

Denise Neaverth 7/2  
Mary Shea 7/4  
Maryann Lohmann 7/7  
Marge Friend 7/16  
Susan Haskell 7/19  
Nancy Ahrens 7/23  
Chris North 7/26



Those of you who took the Cathedral Windows Workshop in April please bring their projects to the June meeting.

Thank you. Jeri Clark



### Block of the Month Carol Clothier 652-9660

Next month we will be beginning a new block of the month. It will be all about triangles! There are so many block formations you can make just by twisting and turning triangles around and we will explore a few. So get yourself ready by digging through your stash or shopping for a few yards of your background fabric (I suggest at least two yards) and decide if you want the rest to be scrappy or if you'll do them all with two colors. Then get ready to sew with your favorite method of 1/2 square triangles, or to try a few new methods. Carol

### The World Wide Web of Quilting (& More)

**Four hour quilt top:** Carpenter's Star quilt pattern: <http://www.quiltfrog.com/fourhour.html>

**Half-Square Triangles:** <http://www.freequiltpatterns.info/half-square-triangles-made-easy.htm>

**Free Quilt Patterns:** [www.freequiltpatterns.info](http://www.freequiltpatterns.info)

**Informative Videos on Quilting Techniques:**

[http://www.youtube.com/watch?v=33JliXpyiYE&feature=player\\_embedded](http://www.youtube.com/watch?v=33JliXpyiYE&feature=player_embedded)

[http://www.youtube.com/watch?v=sgAZ3\\_xdkGw&feature=related](http://www.youtube.com/watch?v=sgAZ3_xdkGw&feature=related)

**Free Appliqué blocks:** <http://erinrussek.typepad.com/one-piece-at-a-time/2011/05/my-tweets-block-5.html>

**Cute idea for your sewing room:** <http://www.purlbee.com/swatch-portraits/>

**Magnetic Pin Holder:** <http://www.skiptomylou.org/2011/05/11/magnetic-pin-holder>

**Programs**

Maryann Lohmann 655-4730

**Ways n' Means**

**Audrey Pawlowski  
and Faye Thompson**

\$1/5 Chances/Meeting



**Huggie Quilts**

**Nancy Jozwiak 652-0841**

**Education**

**Chris Barsottelli  
655-0323**



**Membership**

**Marge Friend  
652-5163**

**2010-11 Officers**

President:  
Terri Kumro - 652-5290  
Vice President:  
Irene Benbenek - 656-9648  
Secretary/Historian:  
Janice Carter - 992-9436  
Treasurer:  
Linda Frick - 674-1044



**Secret Pal — Jeri Clark  
585-535-7476**

**Exchange Basket  
Leola Moyer**



**Library – May Lou Corelli  
and Patti Baehre**

**Website/Photos—Terri Kumro**



**Sunshine**

**Elaine McClory - 652-7681  
emccclory@roadrunner.com**



**Round Robin**

**Virginia Davey**



Card was sent to Joyce Kerl-her husband passed away.

**Workshops – Mary Hagen 652-4037**

**Hostess – Pat Schuse 675-0866**

**Historian - Janice Carter**



**Newsletter**

Donna Forhec  
484 Tannery Road  
West Falls NY 14170  
652-7369

e-mail: [forheczad@msn.com](mailto:forheczad@msn.com)

Newsletter submissions will be due by the 2nd Friday after the next meeting  
June 24, 2011

The minutes of the meeting and a copy of the Newsletter will be posted on the Guild Web Site:  
<http://www.morningstarguild.net>



The Great Lakes Seaway Trail Quilt Show is looking for quilters to make quilts with one of the new 1812 period fabrics designed by Barbara Brackman for Moda Fabrics. They have 150 quilters committed to making quilts for the March 2012 show. To request a .jpg of the fabric contact Kara Lynn Dunn, 315-465-7578, [karalynn@gisco.net](mailto:karalynn@gisco.net) Or online at <http://www.seawaytrail.com/quilting.html>

The Seaway Trail Foundation is sponsoring the event as part of a host of War of 1812 Bicentennial commemorative plans for tourism, cultural heritage and military history programs in 2011-2014. The March 2012 show will be the kickoff for a 2011-2014 traveling educational exhibit of the War of 1812-like quilts.

## **Wear sunscreen.**

If I could offer you only one tip for the future, sunscreen would be it. The long term benefits of sunscreen have been proved by scientists, whereas the rest of my advice has no basis or reliable then my own meandering experience. I will dispense this advice....now.

Enjoy the power and beauty of your youth. Oh, never mind, you won't understand the power and beauty of your youth until they've faded, but trust me in 20 years, you'll look back at photos of yourself and recall in a way you can't grasp now how much possibility lay before you and how fabulous you really looked. You are not as fat as you imagine.

Don't worry about the future, or worry, but know that worrying is as effective as trying to solve an algebra equation by chewing bubblegum.

The real troubles in your life are apt to be things that never crossed your worried mind: the kind that blindsides you at 4pm on some idle Tuesday.



Do one thing every day that scares you.

### **Sing.**

Don't be reckless with other people's hearts; don't put up with people who are reckless with yours.

### **Floss.**

Don't waste your time on jealousy. Sometimes you're ahead, sometimes you're behind. The race is long, and in the end, it's only with yourself.

Remember compliments you receive; forget the insults. (if you succeed in doing this, tell me how).

Keep your old love letters; throw away your old bank statements.

### **Stretch.**

Don't feel guilty if you don't know what you want to do with your life. The most interesting people I know didn't know at 22 what they wanted to do with their lives; some of the most interesting 40 year olds I know still don't.

Get plenty of Calcium. Be kind to your knees -- you'll miss them when they're gone. Maybe you'll marry, maybe you won't. Maybe you'll have children, maybe you won't. Maybe you'll divorce at 40; maybe you'll dance the funky chicken on your 75th wedding anniversary.

Whatever you do, don't congratulate yourself too much or berate yourself, either.

Your choices are half chance, so are everybody else's.

**Enjoy your body: use it every way you can.**

**Don't be afraid of it or what other people think of it;**

**It's the greatest instrument you'll ever own.**

Dance...even if you have no where to do it but in your own living room.

Read the directions (even if you don't follow them).

Get to know your parents; you never know when they'll be gone for good.

Be nice to your siblings: they're your best link to your past and the people most likely to stick with you in the future.

**Understand that friends come and go, but that a precious few you should hold on to. Work hard to bridge the gaps and geography and lifestyle, because the older you get, the more you need the people you knew when you were young.**

### **Travel.**

Don't mess too much with your hair or by the time you are 40, it will look 85.

Be careful whose advice you buy, but be patient with those who supply it. Advice is a form of nostalgia; dispensing it is a way of wishing the past from the disposal--wiping it off, painting over the ugly parts, and recycling it for more than it's worth.

**But trust me, on the sunscreen.**

